

Willow Primary School
Alston Road
Bessacarr
Doncaster
DN4 7EZ
Email:
admin@willow.doncaster.sch.uk
Tel: 01302 539249
Headteacher: D Sumner

3rd February 2022

Children's Mental Health Week 2022



Next week, we will be taking part in Place2Be's Children's Mental Health Week. Children's Mental Health Week is taking place from 7 - 13 February 2022 and is an opportunity to shine a spotlight on and raise awareness for children and young people's mental health.

In school, our pupils will be provided with engaging learning opportunities that link to personal development and our ASPIRE values. We will be encouraging our children and staff to celebrate their uniqueness and highlight the importance of 'being ourselves'. We want to encourage children to have positive view of themselves as this will help them to cope with some life's challenges, and recognise the different qualities of others.

Dress to Express

As a school community, we will be encouraging students and staff to use clothing and colour to express themselves on **Friday 11th February**. Pupils can be as creative as they like by coming in their favourite outfit or colour. We feel this is a great chance for self-expression and celebrating a diverse range of emotions.

We would like to take this opportunity to raise funds to buy resources which support positive mental health in our school. Donations of £1.00 can either be brought into school on the day or made via Parent Pay.

Thank you for your continued support. If you have any queries, please contact school.

Best wishes,

Miss Pownall
Personal Development and Social, Moral, Spiritual and Cultural Education Leader

