

Tuesday 3<sup>rd</sup> February 2026

### **NSPCC's "Speak Out, Stay Safe" Programme**

Dear Parent/Carer,

We are pleased to announce our participation in the **NSPCC's "Speak Out, Stay Safe"** programme this term. This initiative focuses on statutory Relationships Education for children aged 5-11, aiming to help them understand and recognise the signs of abuse in all its forms.

On **Friday 6<sup>th</sup> February**, we will conduct separate age-specific assemblies for KS1 and KS2. Our pupils will learn about how to voice their concerns to a trusted adult or Childline if they feel worried. The content will be delivered in an engaging and interactive manner, ensuring it is entirely age-appropriate.

We request that parents and caregivers inform the school if their child may require additional support before, during, or after the assembly due to past or current experiences.

For more information about the "Speak Out. Stay Safe." programme, please visit  
[www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout)

### **Additional NSPCC resources for families to help keep children safe**

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<b>Parent/Carer support</b> Take a look at information, support, advice and activities from NSPCC for parents and carers. <a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a>	<b>Activities to extend learning at home</b> Take part in games and activities at home to help children learn about speaking out and staying safe. <a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a>
<b>Online Safety Hub</b> For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. <a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a>	<b>Childline – under 12's</b> Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. <a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7) <a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)
<b>Talk PANTS with your children</b> Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at <a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a>	

We hope you find this information about the NSPCC and the Speak out. Stay safe. Programme helpful.  
Please do contact school if you have any further questions.

Yours sincerely,  
Miss Pownall  
PSHE Champion and Personal Development Leader