

Children's Care Group

Honeysuckle Lodge
Tickhill Road, Balby
Doncaster
DN4 8QN



Text only phone for deaf/hard of hearing:
07771933869

Dear Parent/Carer

To meet your child's school's PSHE (Personal, Social, Health and Economic) curriculum, we have been invited into school on 13/7/26 to deliver a health promotion lesson called **"Conception and Birth"** This is a child friendly, age appropriate lesson, offered to every Doncaster school in Year 6.

The aim of the session is to educate and inform your child of the following:

- Healthy relationships, including how to recognise an unhealthy relationship both within and outside of the family home.
- Anatomical (correct) names of **all related body parts**
- How a baby is conceived and develops throughout a pregnancy
- How a baby is born
- Understanding consent

How we deliver the session

- The session lasts approximately 60 minutes dependent upon class participation and is delivered to both genders together
- The nurse delivers a child friendly, age-appropriate video
- The class teacher is usually present throughout the lesson
- Children have the chance to ask any questions relevant to conception and birth which will be answered with an age-appropriate response

We understand this subject can sometimes feel uncomfortable to have with your child. We hope you trust us as a service to deliver this lesson in a safe and age-appropriate way.

Children are encouraged to be respectful to each other and our staff throughout and after the lesson.

We encourage you to ask your child about today's lesson when they get home, so that as a family you can encourage open, and comfortable discussions within the home environment.

Thank you
School Nursing – Zone 5-19

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Toby Lewis – Chief Executive

Kathryn Lavery – Chair